

Come join the Developmental Disabilities Council for a Community Outreach Event

Who should attend? Are you a person with a disability? Do you have a family member with a disability? Are you 18 years or older? Do you know what resources are available for you and your loved ones? If you want to learn more about our Council and what we can do to help, we want to see you there! Please visit www.ddc.delaware.gov to learn more about our Council and our mission to promote and embrace inclusion, equality and empowerment for people with disabilities through education and systems change.

Why you should attend? The Developmental Disabilities Council (DDC) is looking for new members to join our Council that can bring fresh/new project ideas to the Council that will improve the lives of people with disabilities.

When & Where is the event? There will be two separate events held in Sussex County with some vendors at each event. Those dates are as follows: Saturday, June 2, 2018 at the Lewes Senior Center located at 32083 Janice Road, Lewes DE from 9 a.m. to 1 p.m. & Saturday, July 28, 2018 at the Seaford Fire Hall located at 302 E. King Street, Seaford DE from 9 a.m. to 1 p.m.

Things to do – There will be the following available on each date:

- University of Delaware Cooperative Extension will be hosting a Mindful Eating session offering sensible eating for good health and general nutrition centered around your plate
- Department of Elections will be bringing their accessible voting booth to provide a demonstration on how to cast your vote during the Primary and General Elections
- An interactive art workshop
- An interactive health and wellness activity
- Vendors will be available to discuss local resources available to you and your family.

If you are a local business and would like to be a vendor at this event, please contact Stefanie Lancaster at the email address below to register.

RSVP: This is a free event. However, RSVP's are needed. Please email <u>Stefanie.Lancaster@state.de.us</u> with which date you would like to attend or contact the DDC office at 302-739-3333 a week prior to each event.